

JULIE'S **FIT** **NESS** STUDIO

TO INSPIRE, MOTIVATE & CREATE A BETTER YOU

JANUARY FITNESS FRENZY

WHEN

Saturday, January 12th
8:00am-11:00am

WHERE

Julie's Fitness Studio

6763 Providence Street Whitehouse, OH
juliesfitstudio@gmail.com

www.juliesfitstudio.com

Questions or to sign up for SPIN
Call Julie @ 419-350-7426

CLASS SCHEDULE:

Spin 8:00am-8:30am

(Sign-up required)

Cardio Drumming 8:45-
9:15am

Fully Fit 9:30-10:00am

Turbokick 10:15-10:45am



WHAT TO EXPECT:

TOUR THE STUDIO

TRY ONE OR ALL CLASSES

MEMBERSHIP SPECIALS

PERSONAL TRAINING INFO

ALL CLASSES ARE FREE!